

Sochi

DAY	TIME	Breakfast	TIME	Lunch	TIME	Dinner
Joi (02.03)					TBC	Minestrone soup Whole grain bread slices and buns Roasted chicken (without skin) with herbs and light tomatoes sauce Traditional plate - Chef's choice Oven roasted vegetables and potatoes Oven baked whole apples filled with nuts, served with ice-cream
Vineri (03.03)	08:00	Sweedish buffet	11:30	Crepes filled with grilled chicken breast, fresh vegetables and light cheese cream Grilled lamb pork lean meat cuts grilled vegetables Rice Chocolate souffle served with ice-cream Whole grain bread slices and buns	TBC	Mushrooms cream soup Whole grain bread slices and buns Grilled fish (salmon/codfish) Grilled turkey/chicken Served with steamed vegetables Boiled potatoes Apple tart Fresh fruits
Sambata (04.03)	08:00	Sweedish buffet	11:00	Grilled chicken breast Fresh vegetables salad with olive oil (lettuce, bell pepper, tomatoes, carrots no onion, no cucumber) Whole grain bread slices and buns Pasta tomatoes sauce and vegetables Shredded parmesan Rice pudding	TBC	Beef soup with vegetables Whole grain bread slices and buns Lean pork meat roasted with mushrooms, vegetables and beans White Fish Rosemary oven roasted potatoes Lava cake served with ice-cream Fresh fruits
Duminica (05.03)	08:00	Sweedish buffet				